

# Every day 6

- **Grammar** Present Simple – I/you/he/she; always/sometimes/never
- **Vocabulary** The time; Words that go together
- **Everyday English** Days of the week; in/on/at



1 Tick the things you do every day.

- |  |  |
|--|--|
| <input type="checkbox"/> drink coffee  | <input type="checkbox"/> speak English |
| <input type="checkbox"/> eat cake      | <input type="checkbox"/> work          |
| <input type="checkbox"/> play football |  |

2 Work with a partner. Compare your lists.



Watch the video introduction online



Use your **Workbook** for self study



Go online for more practice and to *Check your Progress*

# What time is it?

STARTER

1 6.1 Listen and repeat. Write the times.



1 It's nine o'clock.



2 It's nine thirty.



3 It's nine forty-five.



4 It's ten o'clock.



5 It's ten fifteen.



6



7



8



9



10

2 6.2 Listen to the conversation.

- A What time is it, please?
- B It's nine o'clock.
- A Thank you very much.

3 Work with a partner. Ask and answer questions about the times on this page.

4 What time is it now?

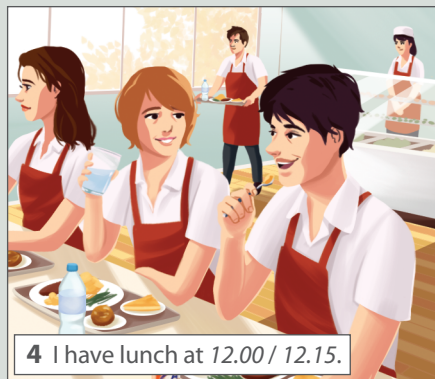
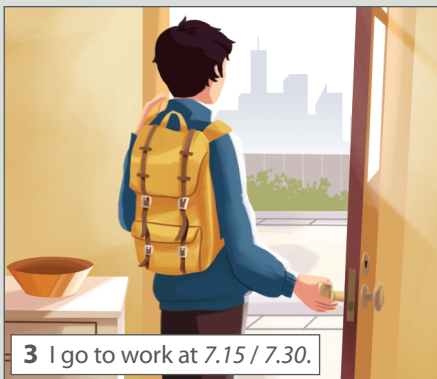


Go online for more vocabulary practice

# Grammar

## Present Simple – I/you

1 6.3 Felipe is a shop assistant at a big supermarket. Listen to Felipe talking about his working day. Circle the times.



6.3 Listen again. Practise the sentences.

### Talking about you

2 Work with a partner. Talk about your day.

I get up at 7.30. I have breakfast at ...

3 6.4 Listen and repeat the questions.

What time **do** you **get up**?  
What time **do** you **have** breakfast?



4 Work with a partner. Ask and answer questions about your day.

What time do you get up?

I get up at 7.15.

## Present Simple – *he/she;* *always/sometimes/never*

### Anna's day

- 1 Read about Anna McMann and look at the photos. Are her days busy?
- 2 Read the sentences about Anna's day. Write the times.
  - 1 She gets up at 6 o'clock and she has a shower.
  - 2 She has breakfast at \_\_\_\_\_.
  - 3 She leaves home at \_\_\_\_\_ and she cycles to work.
  - 4 She has lunch (a wrap and salad) at \_\_\_\_\_.
  - 5 She always works late. She leaves the hospital at \_\_\_\_\_.
  - 6 She sometimes buys a Chinese takeaway and eats it at home with her brother, Toby. She has her dinner at \_\_\_\_\_.
  - 7 She never goes out in the week. She works for her exams until \_\_\_\_\_.
  - 8 She always goes to bed at \_\_\_\_\_ and watches TV or reads a book.

🔊 6.5 Listen and check.

### GRAMMAR SPOT

- 1 Underline the verbs in sentences 1–8. What's the last letter?

cycles works

🔊 6.6 Listen to the verbs and repeat.

- 2 Look at the adverbs.

100% — 50% — 0%

always sometimes never

🔊 6.7 Listen to the sentences and repeat.

- 3 Find *always*, *sometimes* and *never* in exercise 2.

➔ Grammar reference 6.1–6.3 ➔ p60

### Pronunciation

- 3 🔊 6.8 Listen to the pronunciation of -s at the end of the verbs. Practise the verbs.

/s/	/z/	/ɪz/
gets up	reads	leaves
works	cycles	buys
eats	goes	does
		watches

# A day in the life of Anna

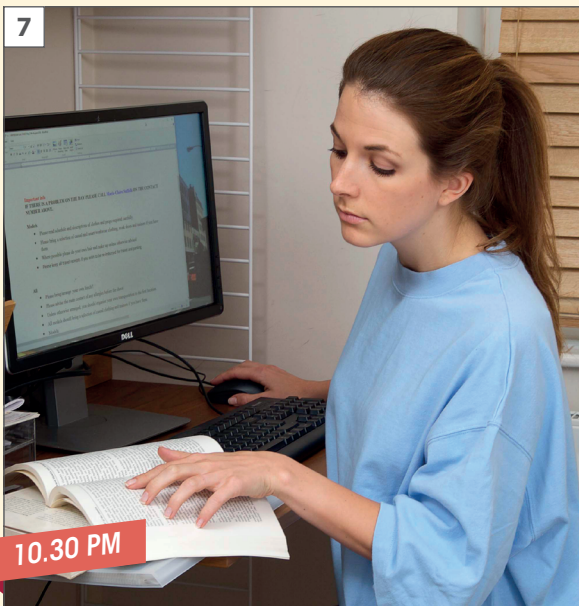
Anna lives in London. She's 29 and a junior doctor at a big hospital in the centre of London. The hospital is always busy. This is a typical day.





6

8.15 AM



7

10.30 PM



8

10.45 PM

## Questions and negatives

4 Read the questions. Complete the answers.

- 1 What time **does** she **get up**?  
She \_\_\_\_\_ at 6.00.
- 2 When **does** she **go** to bed?  
She \_\_\_\_\_ to bed at 10.45.
- 3 **Does** she **go** to work by car?  
\_\_\_\_\_, she **doesn't**.
- 4 **Does** she **go** to work by bike?  
\_\_\_\_\_, she **does**.
- 5 **Does** she **have** lunch at home?  
\_\_\_\_\_, she **doesn't**.
- 6 **Does** she **work** for her exams in the evening?  
\_\_\_\_\_, she **does**.

?

6.9 Listen and check. Practise the questions and answers.

### GRAMMAR SPOT

- Positive** She **gets up** at 6.00.  
She **has** breakfast at 6.30.
- Negative** She **doesn't have** lunch at home. **doesn't** = does not  
She **doesn't go** to work by car.
- Questions** What time **does** she **get up**?  
**Does** she **work** late? Yes, she **does**. / No, she **doesn't**.

Grammar reference 6.4 p60

5 Work with a partner. Ask and answer the questions about Anna's day.

- 1 When / leave home?
- 2 Does / go to work by bus?
- 3 Where / have lunch?
- 4 Does / usually work late?
- 5 Does / eat in a restaurant?
- 6 What / do in the evening?

6.10 Listen and check.

6 Make negative sentences about Anna.

- 1 live / New York  
*She doesn't live in New York.*
- 2 drive / work
- 3 work in a school
- 4 visit friends in the week
- 5 go to bed late

7 Complete the chart in the Present Simple.

	Positive	Negative	Question
I	<i>work</i>		<i>Do I work?</i>
You			
He/She	<i>works</i>		<i>Does he/she work?</i>
We		<i>don't work</i>	
They			

Go online to watch a video about Sara's day.



## Practice

### Toby's day

1 Anna has a flatmate – Toby, her brother. His day is very different to Anna's. Look at the photos. What does he do?

# Toby McMann

The London dog walker fills his day with lots of walks, fresh air and fun!



2 Read and complete the text with the verbs.

shares goes (x2) gets up eats loves walks  
meets starts plays gets (x2)

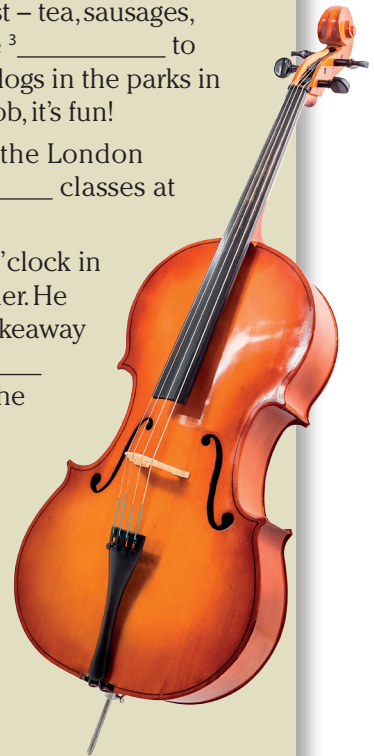
Toby McMann is 31 and he's a dog walker and a student of music. He <sup>1</sup> *shares* a small flat in the centre of London with his sister, Anna.

He usually <sup>2</sup> \_\_\_\_\_ at ten thirty in the morning. He has a big breakfast – tea, sausages, eggs and lots of toast – then he <sup>3</sup> \_\_\_\_\_ to work. He <sup>4</sup> \_\_\_\_\_ lots of dogs in the parks in London. He <sup>5</sup> \_\_\_\_\_ his job, it's fun!

Toby is a part-time student at the London College of Music. He <sup>6</sup> \_\_\_\_\_ classes at two fifteen in the afternoon.

He <sup>7</sup> \_\_\_\_\_ home at six o'clock in the evening and has a big dinner. He sometimes shares a Chinese takeaway with Anna when she <sup>8</sup> \_\_\_\_\_ home. He is always hungry in the evening because he never <sup>9</sup> \_\_\_\_\_ lunch.

He always <sup>10</sup> \_\_\_\_\_ his cello after dinner, but sometimes he <sup>11</sup> \_\_\_\_\_ his friends. He usually <sup>12</sup> \_\_\_\_\_ to bed very late, at one o'clock in the morning.



6.11 Listen and check.



3 Are these sentences about Toby or Anna? Write *He* or *She*.

- |                           |  |
|---------------------------|--|
| 1 <i>She</i> 's a doctor. | 5 ___ walks a lot every day.             |
| 2 ___'s a student.        | 6 ___ doesn't have lunch.                |
| 3 ___ gets up very early. | 7 ___ eats at work.                      |
| 4 ___ cycles to work.     | 8 ___ sometimes goes out in the evening. |

## Listening

4 6.12 Listen and complete the conversation between Anna and Toby.

**Toby** Evening, Anna. You look tired.  
**Anna** I'm <sup>1</sup> *fine*, thanks. Just busy as usual.  
**Toby** You're <sup>2</sup> \_\_\_\_\_ busy. You work too hard!  
**Anna** I know, but I <sup>3</sup> \_\_\_\_\_ my work and I have exams soon.  
**Toby** I love my work, <sup>4</sup> \_\_\_\_\_, but I sometimes relax and see my friends!  
**Anna** Relax! You play the cello every day!  
**Toby** Yes, but I <sup>5</sup> \_\_\_\_\_ a drink with my friends at the weekend. You <sup>6</sup> \_\_\_\_\_ stop!  
**Anna** That's not true. We <sup>7</sup> \_\_\_\_\_ share a Chinese takeaway! Oh, Toby. How's your friend Oliver?  
**Toby** He's fine, thanks. He <sup>8</sup> \_\_\_\_\_ asks about you. I think he likes you!  
**Anna** Oliver is OK. I like him and he's a friend of yours.  
**Toby** Well, come and meet us at the pub. I can buy you a <sup>9</sup> \_\_\_\_\_!  
**Anna** Really? That is a good idea. What about next <sup>10</sup> \_\_\_\_\_?  
**Toby** Yes, great! I often <sup>11</sup> \_\_\_\_\_ Oliver on Saturday.  
**Anna** Good! Then it's a date!

6.12 Listen again and check. Practise the conversation with a partner.

## Negatives and pronunciation

5 Correct the sentences about Anna and Toby.

- He's a doctor.  
*He isn't a doctor. He's a student of music* \_\_\_\_\_.
- She gets up at ten thirty.  
\_\_\_\_\_.
- He's 29.  
\_\_\_\_\_.
- She goes to work by car.  
\_\_\_\_\_.
- She meets friends in the evening.  
\_\_\_\_\_.

6.13 Listen and check. Notice the sentence stress. Practise with a partner.

## Talking about you

6 Work with a partner. Write the names of two people in your family, or friends. Ask and answer questions about them.

Maria

Who's she?

She's my sister.

Charles

Who's he?

He's my best friend.

- Who is ...?
- How old is ...?
- What's ... job?
- Where does ... live?
- What time does she/he ...?
- Does she/he have ...?

## Check it

7 Complete the questions and answers with *do*, *don't*, *does* or *doesn't*.

- '\_\_\_\_\_ you like pizza?'  
'Yes, I \_\_\_\_\_.'
- '\_\_\_\_\_ she work in London?'  
'Yes, she \_\_\_\_\_.'
- 'Where \_\_\_\_\_ he work?'  
'In a hospital.'
- '\_\_\_\_\_ you go to work by car?'  
'No, I \_\_\_\_\_.'
- '\_\_\_\_\_ she go to bed early?'  
'No, she \_\_\_\_\_.'
- '\_\_\_\_\_ they have a dog?'  
'Yes, they \_\_\_\_\_.'
- '\_\_\_\_\_ he speak Spanish?'  
'No, he \_\_\_\_\_.'
- '\_\_\_\_\_ they live in Scotland?'  
'No, they \_\_\_\_\_.'

Go online for more grammar practice

## Vocabulary and speaking

### Words that go together

1 Match a verb in A with a word or phrase in B.

A	B
get up	music
go	early
have	TV
watch	lunch
listen to	in a hospital
work	to bed late

A	B
stay	in restaurants
drink	the cello
eat	for friends
have	coffee
play	at home
cook	a shower

🔊 6.14 Listen and check.

2 🗣️ 6.15 Look at the questionnaire. Listen and repeat the questions.

## { Lifestyle questionnaire }

### Do you ...?

	always 100%	usually 75%	sometimes 25%	never 0%
1 get up early	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2 have breakfast	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3 walk to work or school	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4 eat a lot of fruit	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5 eat a lot of chocolate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6 play a sport	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7 play computer games	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8 drink fizzy drinks	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9 drink a lot of water	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10 eat fast food	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11 go to bed late	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



3 Ask a partner the questions and complete the questionnaire. Tick (✓) the correct boxes.

Do you ...?

Yes, usually.

No, never.

Yes, sometimes.

4 Tell the class about your partner.

Leo usually walks to work. He never eats chocolate.

🌐 Go online for more vocabulary practice



## Everyday English

### Days of the week

- 1 6.16 Listen and write the days in the correct order on the calendar.

Wednesday ~~Monday~~ Friday Tuesday  
Thursday Sunday Saturday

- 6.16 Listen again and repeat.

- 2 Work with a partner. Ask and answer the questions.

- 1 What day is it today?
- 2 What day is it tomorrow?
- 3 What days do you go to work/school?
- 4 What days are the weekend?
- 5 What is your favourite day?
- 6 What day don't you like?

- 3 Write the correct prepositions in the boxes.

**on in at**

<input type="text"/>	nine o'clock ten thirty twelve fifteen the weekend
<input type="text"/>	Sunday Monday Saturday evening Thursday morning Friday afternoon
<input type="text"/>	the morning the afternoon the evening

- 4 Write the correct preposition. Then ask and answer the questions with your partner.

#### Do you have English lessons ...?

- 1 at nine o'clock
- 2 \_\_\_ Sunday
- 3 \_\_\_ the evening
- 4 \_\_\_ Monday morning
- 5 \_\_\_ the weekend

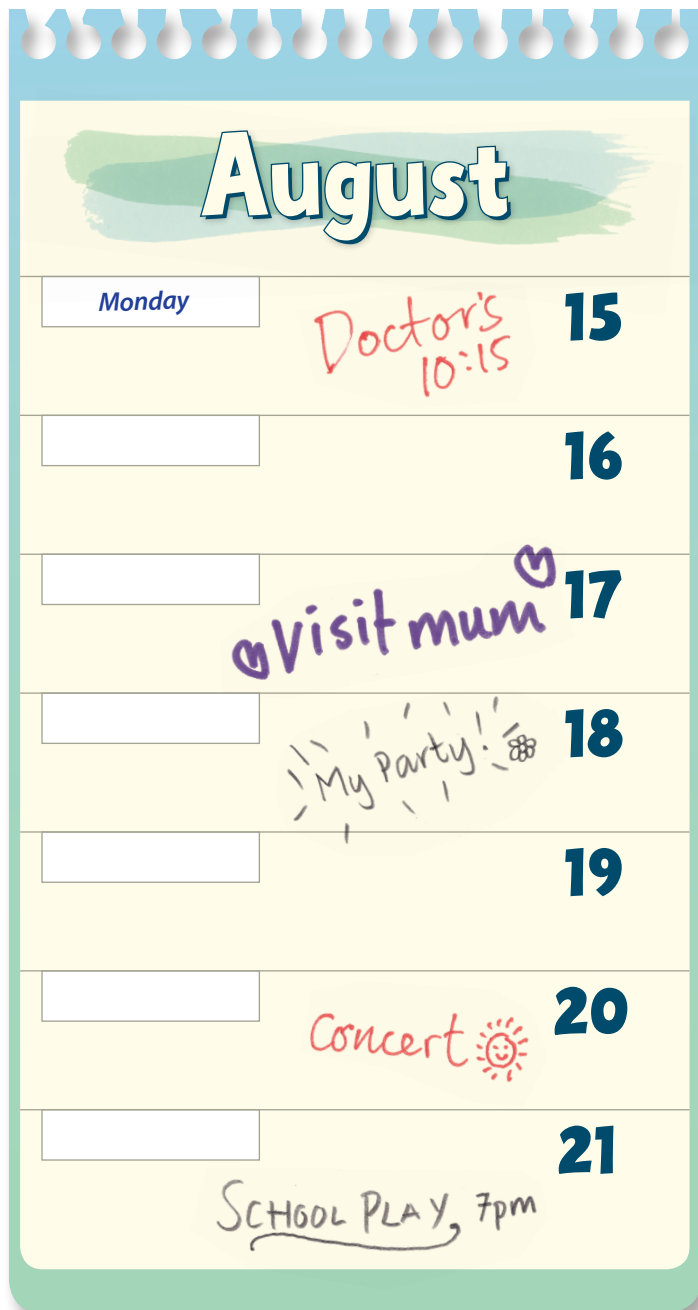
Do you have English lessons at nine o'clock?

Yes, we do.

No, we don't.

When do you have English lessons?

We have English lessons ...



### Talking about you

- 5 Complete the questions. Ask and answer them with your partner.

#### Do you ...?

- have a shower \_\_\_ the morning/evening
- get up early \_\_\_ Sunday morning
- go to work/school \_\_\_ Saturday
- eat in restaurants \_\_\_ the weekend
- watch TV \_\_\_ the evening
- stay at home \_\_\_ Saturday evening

Go online for more speaking practice

# Grammar reference

## 6.1 Present Simple: he/she/it (1)

### Positive

He She	gets up	at 8.00.
It	leaves	

## 6.2 Spelling – Present Simple: he/she/it

1 Most verbs add -s.

He/She/It	listens leaves walks
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2 Verbs ending in -s, -ss, -sh, -ch add -es.

He/She/It	watches washes
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**i** go, have, and do are irregular.

He/She/It	<b>does</b> <b>goes</b> <b>has</b>
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## 6.3 Adverbs of frequency



Adverbs of frequency (*never, sometimes, usually, always*) can come before the verb.

We **never** drink beer.  
She **sometimes** goes out on a Saturday night.  
He **usually** works late.  
I **always** have tea for breakfast.

## 6.4 Present Simple: he/she/it (2)

### Negative

He She	<b>doesn't</b>	<b>go out</b> in the evening. <b>eat</b> in a restaurant.
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### Questions with question words

What	<b>does</b>	he <b>have</b> for lunch?
Where		she <b>work</b> ?
What time		he <b>go</b> to bed?
When		he <b>leave</b> work?

### Yes/No questions and short answers

<b>Does</b> he <b>like</b> football?	Yes, he <b>does</b> . No, he <b>doesn't</b> .
<b>Does</b> she <b>speak</b> English?	Yes, she <b>does</b> . No, she <b>doesn't</b> .

**i** Does he like tea?      Yes, he does.      NOT ~~Yes, he likes.~~  
Do you like coffee?      No, I don't.      NOT ~~No, I don't like.~~

# Wordlist

adj = adjective      n = noun      pl = plural  
adv = adverb      phr = phrase      pron = pronoun  
conj = conjunction      phr v = phrasal verb      v = verb

- always adv /'ɔ:lweɪz/ \_\_\_\_\_
- at the weekend phr /ət ðə ,wɪk'end/ \_\_\_\_\_
- breakfast n /'brekfəst/ \_\_\_\_\_
- busy adj /'bɪzi/ \_\_\_\_\_
- buy v /baɪ/ \_\_\_\_\_
- cello n /'tʃeləʊ/ \_\_\_\_\_
- cook v /kʊk/ \_\_\_\_\_
- cycle v /'saɪkl/ \_\_\_\_\_
- dinner n /'dɪnə(r)/ \_\_\_\_\_
- drive v /draɪv/ \_\_\_\_\_
- early adv /'ɜ:li/ \_\_\_\_\_
- egg n /eg/ \_\_\_\_\_
- exam n /ɪg'zæm/ \_\_\_\_\_
- fizzy drinks n pl /'fɪzi drɪŋks/ \_\_\_\_\_
- flat n /flæt/ \_\_\_\_\_
- flatmate n /'flætmeɪt/ \_\_\_\_\_
- fruit n /fru:t/ \_\_\_\_\_
- get home phr /,get 'həʊm/ \_\_\_\_\_
- get up phr v /,get 'ʌp/ \_\_\_\_\_
- go out phr v /,gəʊ 'aʊt/ \_\_\_\_\_
- go to bed phr /,gəʊ tə 'bed/ \_\_\_\_\_
- Good idea! /,gʊd aɪ'diə/ \_\_\_\_\_
- have a shower phr /,hæv ə 'ʃaʊə(r)/ \_\_\_\_\_
- hungry adj /'hʌŋɡri/ \_\_\_\_\_
- in the week phr /,ɪn ðə 'wi:k/ \_\_\_\_\_
- late adv /leɪt/ \_\_\_\_\_
- leave v /li:v/ \_\_\_\_\_
- life n /laɪf/ \_\_\_\_\_
- lunch n /lʌntʃ/ \_\_\_\_\_
- never adv /'nevə(r)/ \_\_\_\_\_
- o'clock adv /ə'klɒk/ \_\_\_\_\_
- often adv /'ɒfn, 'ɒftən/ \_\_\_\_\_
- park n /pɑ:k/ \_\_\_\_\_
- relax v /rɪ'læks/ \_\_\_\_\_
- salad n /'sæləd/ \_\_\_\_\_
- sausages n pl /'sɔ:sɪdʒɪz/ \_\_\_\_\_
- share v /ʃeə(r)/ \_\_\_\_\_
- shop assistant n /'ʃɒp ə,sɪstənt/ \_\_\_\_\_
- stay v /steɪ/ \_\_\_\_\_
- takeaway n /'teɪkəweɪ/ \_\_\_\_\_
- tired adj /'taɪəd/ \_\_\_\_\_
- toast n /təʊst/ \_\_\_\_\_
- typical adj /'tɪpɪkl/ \_\_\_\_\_
- usually adv /'ju:ʒuəli/ \_\_\_\_\_
- visit n, v /'vɪzɪt/ \_\_\_\_\_
- walk n, v /wɔ:k/ \_\_\_\_\_
- watch TV phr /,wɒtʃ ti: 'vi: / \_\_\_\_\_
- When? /wen/ \_\_\_\_\_
- wrap n /ræp/ \_\_\_\_\_
- Days of the week**
- Monday n /'mʌndeɪ/ \_\_\_\_\_
- Tuesday n /'tju:zdeɪ/ \_\_\_\_\_
- Wednesday n /'wenzdeɪ/ \_\_\_\_\_
- Thursday n /'θɜ:zdeɪ/ \_\_\_\_\_
- Friday n /'fraɪdeɪ/ \_\_\_\_\_
- Saturday n /'sætədeɪ/ \_\_\_\_\_
- Sunday n /'sʌndeɪ/ \_\_\_\_\_