1 It's your big day!

Grammar

Subject pronouns

Possessive adjectives

be: Simple present: Affirmative

Vocabulary

Countries and nationalities

Communication

Greetings

Skills

Listening: Descriptions of three teenagers

Speaking: Giving a presentation about yourself

Reading: An online profile

Writing: A paragraph about yourself

Values and cross-curricular topics

Multiculturalism: Students from

around the world

Presentation pages 10-11



Aim

To present new language in a familiar context

Story

Mason and Jacob are at the auditions for the Dance for the U.S. competition. Mason is late, and Jacob feels nervous. The boys are excited when the famous judges arrive. Rubi arrives with a friend, Lola, Mason thinks she is nice. Then a man tells Mason and Jacob that it is their turn to have their audition.

Warm-up

- Ask students to look at the picture. Ask one or two questions, e.g., How many people are there? (four) How many boys? (two) How many girls? (two) Are they at school? (no)
- Explain that the boys are at the auditions for a dance competition. Teach the words dance and dancer.

Exercise 1 Read and listen © 013

- Read the guestion to the class and explain the meaning of nervous.
- Play the audio. Students listen and read, and answer the question.
- Check the answer with the class.



• Go through the Check it out! box and ask students to find the phrases in the dialogue. Make sure that students understand the meaning of the phrases.

Link to life Do you think it's rude to be late? Are you normally

late to meet friends, for school, or if you go to the doctor?

If necessary, teach the meaning of other words that students don't understand.

Audioscript Student Book page 10

Exercise 2 Comprehension

- Point out the example answer, and that the sentence is in the dialogue.
- Students read the dialogue again and match the sentence halves.
- They can compare answers in pairs.
- Check answers with the class, and that students understand all the sentences.

Link to life

• Read out the questions and check that students understand rude.

• Discuss the questions as a class. If students are reluctant to speak, ask questions to the whole class and get students to answer by putting up their hands, e.g., Who thinks it's rude to be late? Who is normally late? Who is never late? Ask the questions to individual students and encourage them to use a sentence to answer, e.g., I'm normally late. / I'm never late.

Consolidation

Encourage students to make a note of any new vocabulary and phrases from the dialogue in their vocabulary notebooks.



Key language page 11



Aim

To practice the target language in a personalized context

Step 1

Exercise 3

- Ask students to find and underline the phrases in the dialogue.
- Check that students understand all the phrases.

Step 2

Exercise 4 10 014

- Ask students to read the dialogues and complete them with the correct phrases.
- Tell students they can refer back to the dialogue in exercise 1 if necessary.
- Play the audio. Students listen and check their answers.
- Play the audio again, pausing after each line for students to repeat.
- Students could then practice the dialogues in pairs.

Audioscript Teacher's Guide page 121

Step 3

Exercise 5

- Ask two students to read out the example dialogue.
- Elicit another example dialogue using the names in the box.
- Students work in pairs and write similar dialogues to the ones in exercise 4, using the names in the box.
- Monitor and help as necessary. Make a note of any repeated mistakes to go over at the end of the lesson.

Exercise 6 Pairwork

- Students practice their dialogues in pairs. Monitor and help as necessary.
- Ask some students to perform their dialogues for the class.

Consolidation

Suggest to students that they could record the first line of one of their dialogues from exercise 6 on their phones. They could then listen and practice responding with their own name, and the name of a friend.

Workbook page W4 Practice Kit Extra Practice

Vocabulary page 12



Countries and nationalities

Aim

To present and practice vocabulary for countries and nationalities

Warm-up

- Point to the map on page 12 and teach the words map and country. Ask students to point to their country.
- Say the name of the students' country and the corresponding nationality, e.g., *I'm from Brazil. I'm Brazilian*. Write these sentences on the board.
- Use the words on the board and teach the difference between country and nationality.

Exercise 1 1 1 015

- Focus on the chart and point out the two columns for countries and nationalities
- Read out the information in the Look! box with the class.
- Students work individually or in pairs to look at the map and complete the chart with the countries.
- Play the audio. Students listen and check.

Audioscript Teacher's Guide page 121

Exercise 2 1 016

- Students work individually or in pairs to complete the chart with the nationalities.
- Play the audio. Students listen and
- Play the audio again, pausing for students to repeat the countries and nationalities, chorally and individually.

Audioscript Teacher's Guide page 121

Extra activity

- Play a game to consolidate the vocabulary. Give students two minutes to look at the completed chart, then ask them to close their books and put them into teams.
- Call out country names from the chart in a random order. Teams race to say the correct nationality.
- You could play again, this time calling out the nationalities and getting students to say the countries.

Vocabulary Countries and nationalities 1 00 015 Look at the map and complete the chart with the countries in the box. Then listen and check. China Australia Brazil Canada Chile Japan Portugal Turkey Mexico Spain the U.K. the U.S. 2 0 016 Complete the chart in exercise 1 with the Look nationalities. Then listen, check, and repeat. In English, we use capital letters for countries and Chilean Portuguese Chinese American nationalities British Japanese Brazilian Canadian Turkish Spanish Australian Mexican She's from Japan. She's Japanese. Nationality Country Vocabulary strategy Canada Canadian Looking for patterns When you learn new words, look for patterns or similarities. For example, look at the endings of the U.S American these words: Japanese - Portuguese - Chinese 3 Mexico Mexican Canadian - Australian - Brazilian 4 Brazil Brazilian British - Turkish - Spanish Chile Chilean Pairwork Look at the example. Take turns to Portugal 6 Portuguese choose a city and ask and answer questions. Tokyo New York City Beijing London Moscow Sydney Mexico City Brasilia Spain Spanish (8) 8 the U.K British Where are you from? 9 Turkey Turkish I'm from Beijing, in China. I'm Chinese. 10 China Chinese 11 Japan Japanese

Exercise 3 Pairwork

12

• Ask two confident students to read out the example question and answer. Check that students understand it.

Australia

Australian

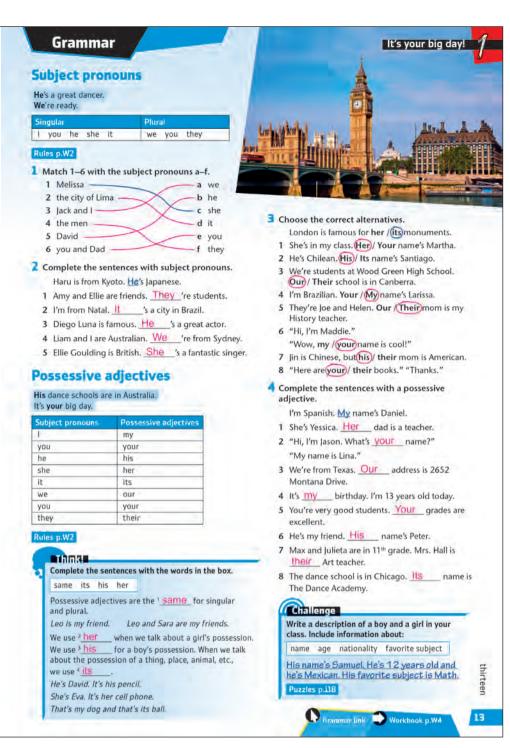
- Read through the cities in the box with the class and make sure students know where they all are on the map.
- Give another example by asking a confident student to ask you: Where are vou from? Answer with one of the cities
- Students work in pairs to ask and answer questions.

• Read out the Vocabulary strategy. Point out to students that learning new vocabulary is an important skill in language learning, and they should get into the habit of recording new vocabulary and finding ways to learn it and remember it.

Consolidation

Suggest to students that if they are visual learners, they could download a map from the Internet and label it with the countries and nationalities in English to help them remember the words.

Workbook page W4 **Practice Kit Extra Practice**



Grammar page 13



To present and practice subject pronouns and possessive adjectives

Warm-up

- With books closed, write some of the countries from page 12 on the board, with some missing letters, e.g., C_n_d (Canada). Put students into pairs and give them one minute to complete as many as they can.
- Check the answers by asking individual students to come up and fill in the missing letters.
- Point to the countries on the board and elicit the nationalities.

Subject pronouns

Grammar chart

- Read out the grammar examples.
- Go through the grammar chart.
- Point out that in English we have to use a subject pronoun before a verb, e.g., He's a great dancer. NOT Is a great dancer.
- Refer students to the rules on page W2.

Rules page W2

Exercise 1

- Read out the example answer and elicit another example from the class.
- Students match the remaining nouns with the subject pronouns.
- Check answers with the class.

Exercise 2

- Read out the example sentence. Students complete the sentences with the correct subject pronouns.
- Check answers with the class.

Extra activity

Ask students to think of three famous people. In pairs, they take turns to say the names. Their partner must respond with a sentence about the famous person using he or she.

Possessive adjectives

Grammar chart

- Read out the grammar examples.
- Point out that in English the choice of his or her depends on the person being referred to: That's Marco. Maria is his sister. That's **Ana**. Maria is **her** sister.
- Refer students to the rules on page W2.

Rules page W2

Exercise 3

- Point out the example sentence.
- Tell students to use the grammar chart and rules to help them if necessary.

Exercise 4

- Students complete the sentences with the correct possessive adjectives.
- Allow students to compare their answers in pairs, then check with the class

Challenae

• Students write their descriptions individually. Ask some students to read their descriptions to the class.

Finished?

- Tell students to look back at the dialogue on page 11 and underline the subject pronouns in one color and the possessive pronouns in another color.
- In pairs, have students make sentences about a famous celebrity and guess who they are describing.
- When finished, students can go on to do the puzzle on page 118.

Puzzles page 118/X7

Consolidation

Suggest to students that to help them learn these subject pronouns and possessive adjectives, they could write two or three descriptions of friends and highlight the subject pronouns and possessive adjectives.

Workbook page W4 **Practice Kit Extra Practice Grammar link presentation**

Let's talk about ... pages 14-15

Communication competences

Greetings

Aim

To present and practice greetings

Warm-up

- Say to individual students: *Hi, (Carlo)*. Elicit the reply: *Hi. / Hello*.
- Ask: How are you? Elicit or teach the reply: I'm fine. Repeat this with students around the class.
- Gesture that you are saying goodbye and say: Bye-bye. Elicit the reply: Bye. / Goodbye.

Exercise 1 Watch, listen, or read ① 017

- Play the video or audio once for students to watch or listen to the dialogues.
- Students complete the dialogues with the correct words. They can compare their answers in pairs.
- Play the audio again. Students listen and check.
- Read through the dialogues with the class and check that students understand everything.

Audioscript Teacher's Guide page 121

Exercise 2 Real English 10 018

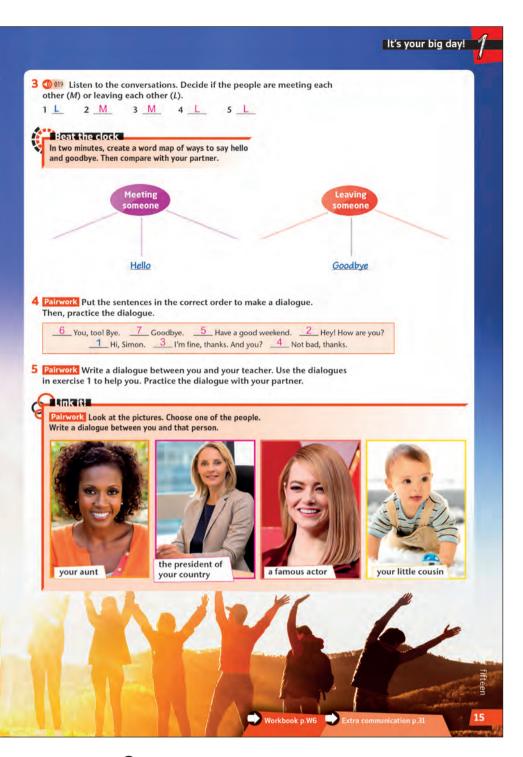
- Ask students to find the phrases in the dialogues in exercise 1.
- Read the *Speaking strategy* with the class. Ask students to find examples of formal and informal greetings in the dialogues in exercise 1.
- Play the audio once for students to listen.
- Play it again, pausing after each phrase for students to repeat.

Audioscript Student Book page 14

Extra activity

- With books closed, write the first dialogue from exercise 1 on the board. Put students into pairs and ask them to practice it.
- Remove about five words from the board and ask students to practice again, adding in the extra words from memory.
- Repeat the process, removing four or five words each time, until students are able to practice the dialogue completely from memory.
- Point out to students that repeating speaking practice is a very good way to become more fluent.





Exercise 3 10 019

- Read out the task and make sure students understand what they have to do.
- Play the audio. Students listen and write the answers.
- Play the audio again if necessary for students to check and complete their answers.
- Check answers with the class.
- If your students need more practice with pronunciation, you could play the audio again, pausing for them to repeat the key phrases.

Audioscript Teacher's Guide page 121

Beat the clock

- Explain the task, then time two minutes. Students create their word maps.
- Put students into pairs to compare their word maps.
- Draw a word map on the board and invite students to come and add greetings to it. Ask them to say each greeting as they add it.

Exercise 4 Pairwork

- Read through the task with the class and make sure students understand what they have to do.
- Read out the example answer, then elicit the next line of the dialogue.
- Students put the remaining sentences in the correct order.

- Check answers with the class, then put students into pairs to practice the dialogue.
- Ask two confident students to read out the completed dialogue for the class.

Exercise 5 Pairwork

- Demonstrate the activity with a confident student. Greet them by name, then ask: *How are you?* Invite them to respond, and end by saying goodbye.
- Students then work in pairs to write their own dialogue and practice it.
- Monitor and help while students are working
- Ask some pairs to perform their dialogue for the class.

Extra activity

- Students could work in pairs and write a new dialogue between two friends, like the one in dialogue 1 of exercise 1.
- Allow students time to practice their dialogues in pairs, then ask some students to perform their dialogue for the class.

Link it! Pairwork

- Focus on the pictures and read out the captions. Check that students understand them all.
- Explain to students that they must decide whether their dialogue should be formal or informal, and choose suitable phrases.
- Students work in pairs to prepare and practice another dialogue.
- Ask some pairs to perform their dialogues for the class. See if other students can guess which person the dialogue is with.

Consolidation

- Suggest to students that they could record one half of one of the dialogues they have practiced in this lesson, then practice listening to it and responding.
- They could then listen to themselves and see if they can spot any mistakes or improve their pronunciation.

Workbook page W6 Extra Communication page 31 Practice Kit Extra Practice

Grammar page 16



be: Simple present **Affirmative**

Δim

To present and practice the simple present affirmative form of be

Warm-up

- Write the question Where are you from? on the board and elicit some students' answers. Write one or two sentences on the board, e.g., I'm from Brazil.
- Point to one or two students and say: He's / She's from Brazil. Write one or two sentences with he / she on the board.
- Underline all the forms of be on the board and explain that the underlined verbs are all part of the verb be.

Grammar chart

- Read out the grammar examples.
- Go through the grammar chart with
- Point out that in spoken English the short forms are much more common than the full forms
- Refer students to the rules on page W3.

Rules page W3

Exercise 1

- Students choose the correct words.
- Check the answers with the class.

Exercise 2

- Students rewrite the sentences with the short forms.
- Check answers with the class.

Exercise 3

- Read out the example sentence.
- Students then complete the sentences with the correct short forms.
- Allow students to compare their answers in pairs, then check with the class.

Challenge

- Students write the sentences individually. Ask some students to read their sentences to the class.
- If necessary, refer students back to the chart on page 13, and read through the subject pronouns again with the class.

Exercise 4

- Explain that in this exercise, students have to write the subject pronouns and the short forms of be.
- Students complete the texts.
- Allow students to compare their answers in pairs, then check with the class.

Grammar

be: Simple present

Affirmative

You're late. He's my hero.

Full form	Short form	
l am	l'm	
you are	you're	
he is	he's	
she is	she's	_
it is	it's	Τ
we are	we're	
you are	you're	_
they are	they're	Ī

Rules p.W3

Choose the correct alternatives.

(am)/ is Portuguese.

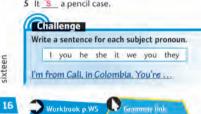
- 1 You(are)/ am a good dancer.
- 2 It(is)/ are my birthday today.
- 3 We is /(are)in 8th grade.
- 4 They(are)/ am nice.
- 5 lis (am)from Paraguay.
- 6 She(is) am British.
- 2 Rewrite the sentences in exercise 1 with the short form of the verb be.

I'm Portuguese.

- 1 You're a good dancer
- 2 It's my birthday today
- 3 We're in 8th grade
- 4 They're nice
- 5 I'm from Paraguay
- 6 She's British
- 3 Complete the sentences with the short form of the verb be

It's a red pen.

- 1 This is Jen-she S 14 years old today!
- 2 1 m from Istanbul, in Turkey.
- 3 Messi-he s my hero.
- 4 You re intelligent!
- 5 It 's a pencil case.



Complete the texts with the missing subject pronouns and the short form of the verb be.



Hi, I'm Charlie. My hometown is Ontario. in Canada, My brother, Max, is 16, and we're at the same school together. 3 It's a big school.

This is losh and Ava. * They're American and sthey students at Edison High School in Miami. Ava is 11, but 6 it's birthday next week. Josh is 12 and 7 he's of rock music.

Thing

Look at the sentences and check () the correct alternative. Then complete the rule. I'm 13 years old.

I have 13 years old.

In English, we use the verb be to talk about our age.

Rules p.W3

5 Complete the chart with information about yourself. Then write a short description of yourself.

Name	
Age	
Nationality	
Town / City	
School	

I'm Juan, I'm 12 years old, and ...



Write a short description of your best friend. Use the texts in exercise 4 to help you.

He's Alex. He's 11 years old.

She's Shinhye. She's 12 years old. and she's ...

Puzzles p.118

Exercise 5

sixteen

- Read out the task in the Think! box with the class. Ask students to choose the correct sentence and complete the rule, then check the answers with the class.
- Write the headings from the chart on the board. Elicit some details about a fictional student
- Using the information on the board, elicit a short description of the person and write it on the board.
- Students then write their descriptions.

Challenge

• Students write the descriptions individually.

Finished?

• Tell students to write gapped sentences using the verb to be. Then they switch

with a classmate and try to complete each other's sentences.

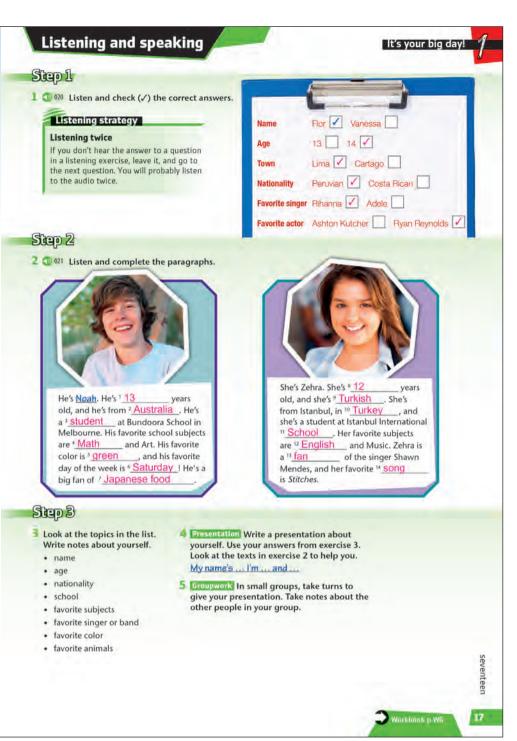
• Once students have finished this activity, they can go on to do the puzzle on page 118.

Puzzles page 118/X7

Consolidation

Encourage students to write some personalized sentences in their vocabulary notebooks about themselves and people they know to help them remember the different forms of be.

Workbook page W5 **Practice Kit Extra Practice Grammar link presentations**



Listening and speaking page 17

Aim

To listen to descriptions of three teenagers To give a presentation about yourself

Warm-up

- Ask individual students: What's your favorite color? What's your favorite school subject? What's your favorite day of the week? What's your favorite animal? Revise vocabulary for colors, school subjects, days of the week, and animals.
- Point to the pictures of Noah and Zehra in turn and ask: How old is he / she? What's his / her favorite color? Encourage students to guess the answers.

Step 1

Exercise 1 1 10 020

- Read through the profile with the class and make sure students understand everything.
- Read out the task, then read the *Listening strategy* with the class.
- Play the audio. Students listen and check the correct answers.
- Allow students to compare their answers in pairs, then play the audio again for them to complete their answers.
- Check answers with the class, playing the audio again and pausing for students to hear the answers.

Audioscript Teacher's Guide page 121

Step 2

Exercise 2 10 021

- Ask students to read through the paragraphs.
- Remind them that they will hear the audio twice, so they shouldn't worry if they don't hear all the answers the first time
- Play the audio. Students listen and complete the paragraphs.
- Allow students to compare their answers in pairs, then play the audio again for them to complete their answers.
- Check answers with the class, playing the audio again and pausing for students to hear the answers.

Audioscript Teacher's Guide page 121

Step 3

Exercise 3

• Students make notes about themselves.

Exercise 4 Presentation

- Read out the task and make sure students understand what they have to do. Tell them they can use the paragraphs in exercise 2 as models to help them.
- Allow students time to prepare their presentations individually.
- Monitor while they are working, and help with any language difficulties as necessary.

Exercise 5 Groupwork

- Put students into groups and ask them to take turns to give their presentations.
 Ask other students to listen carefully and take notes about what their classmates say.
- Monitor while they are working and note down any typical errors to correct in a feedback session at the end.
- Ask some students questions about their classmates, e.g., What's (Marco's) favorite color? See if students can use their notes to answer the questions.

Consolidation

- Suggest to students that they could complete the profile in exercise 3 with information about a friend or family member.
- They could then practice giving a presentation about the person, using he / she forms of be.

Workbook page W6
Practice Kit Extra Practice

Trending topics pages 18–19



Reading and writing competences

Aim

To read a profile of a teenager To write a paragraph about yourself

Warm-up

- Focus on the picture and the image and ask: What do you think Lara's favorite hobby is? (dance)
- Ask: Is dance fun? Who thinks that dance is fun? Elicit a few answers or a show of
- Write the dance styles from exercise 1 on the board: contemporary, hip-hop, hallet street dance Check that students understand the words and ask: What's your favorite dance style? Elicit a few answers.

Background notes

The Next Step is a popular Canadian TV reality drama series. It is about the lives of the teenage members of a dance troupe from The Next Step dance studio. It was first shown in 2013, and remains popular. It has also been shown in Australia, the U.S., and other countries.

Reading

Exercise 1 Read and listen ① 022

- Ask students to read through the sentences and possible answers.
- Play the audio. Students read and listen, and choose the correct answers.
- Allow students to compare their answers in pairs.
- Check answers with the class.
- Go through the Check it out! box and ask students to find the words in the text. Make sure that students understand the meaning of the words.
- If necessary, teach the meaning of other words that students don't understand.

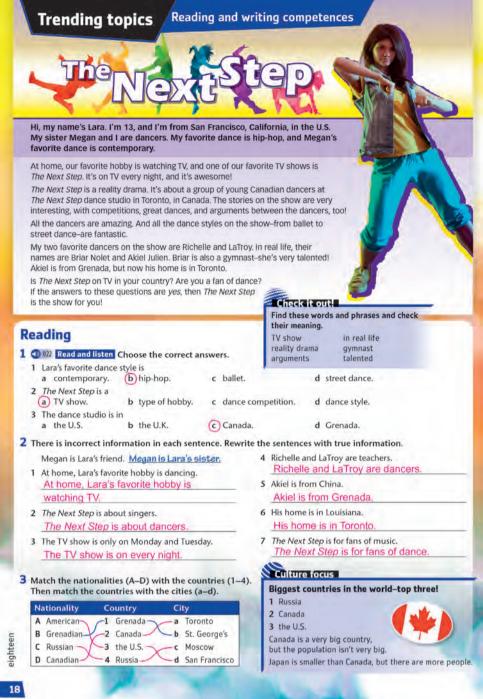
Audioscript Student Book page 18

Exercise 2

- Students read the text again and rewrite the sentences with correct information.
- Allow students to compare their answers in pairs.
- Check answers with the class, eliciting the part of the text which confirms each answer.

Exercise 3

- Students complete the matching task.
- Check answers with the class and elicit a few more nationalities, countries, and cities to add.

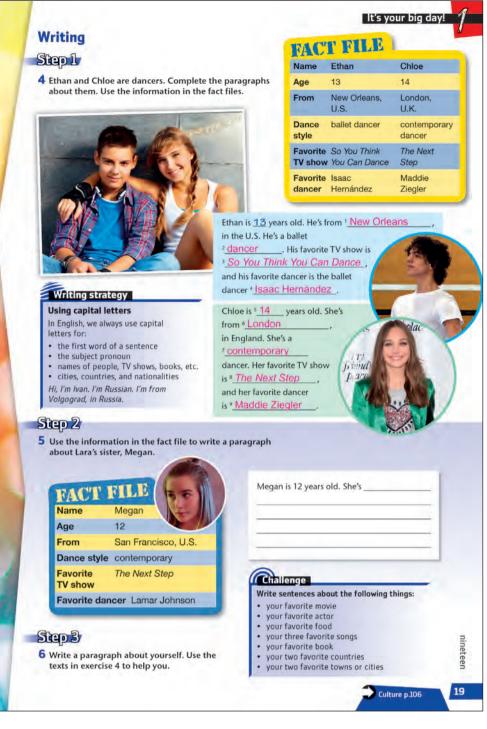


Extra activity

- Ask students to look at the text again. Ask: Does Lara think the show is good? Does she think the dancers are good? Elicit the answers, then ask students to find the words that Lara uses to say that the show and dancers are good (awesome, interesting, amazing, fantastic, talented).
- Write the words on the board and check that students understand them all.
- Tell students it is important to learn lots of different vocabulary to make their writing and speaking more interesting.

Culture focus

- Read through the information with the class. Check that students understand big, biggest, and smaller.
- Say a few more sentences using these adjectives and ask students if they are true or false, e.g., Mexico is a very big country. Brazil is smaller than Peru.



Writing

Aim

To write a fact file about yourself

Step 1

Exercise 4

- Ask students to read the fact files and use the information to complete the paragraphs about Ethan and Chloe.
- Check the answers with the class.

Step 2

Exercise 5

- Read the Writing strategy with the class.
- Ask students to find examples of capital letters in the paragraphs about Ethan and

Chloe. As a class, match the examples with the categories in the *Writing strategy*.

- Ask students to read the fact file about Megan and write a paragraph about her.
- Check the answers with the class, and write a paragraph on the board for students to check their spellings and use of capital letters.

POSSIBLE ANSWERS

Megan is 12 years old. She's from San Francisco, California, in the U.S. She's a contemporary dancer. Her favorite TV show is *The Next Step* and her favorite dancer is Lamar Johnson.

Step 3

Exercise 6

• Read out the task and refer students back to the fact files for the kinds of

- information they should include about themselves.
- Explain that they could change some of the kinds of information if they prefer. Brainstorm some other kinds of information they could include instead, e.g., favorite book, movie, animal.
- Ask students to write their paragraph, using the texts in exercise 4 to help them.
- Ask some students to read their paragraphs to the class.

Challenge

- Students write their sentences individually.
- Ask some students to read their sentences to the class. Ask other students if the sentences are also true for them.

Extra activity

- Students could write four sentences about themselves, three true and one false.
- In pairs, they read their sentences to each other and guess which one is false.
- Ask who guessed correctly.

Consolidation

Suggest to students that they write some sentences with the names of people, cities, countries, etc., and highlight the capital letters to help them remember when they should use them.

Culture page 106 / X1 Workbook page W7 Practice Kit Extra Practice Unit tests Resource worksheets Video

1 Culture page 106/X1



Aim

To learn about some celebrities and their family backgrounds

To research, prepare and give a presentation about family

Warm-up

- Focus on the pictures of the celebrities. Ask: Who are the people? What are their names? Elicit the names of the celebrities.
- Ask: Which people are singers? Which people are actors? What are their movies? Who is in the Royal Family?

Exercise 1 Read and listen 107

- Read out the guestion, then play the audio for students to read and listen.
- Focus on the Check it out! box. Ask students to find the words and check the meanings. Discuss the meanings with the class.
- Students read the article again and match the sentence halves.
- Check answers with the class, eliciting the part of the text which confirms each answer
- Check that students understand all the countries and nationalities.

Audioscript Student Book page 106

Exercise 2

- Students complete the sentences with the correct countries and nationalities.
- Check answers with the class, eliciting the part of the text which confirms
- Check that students understand all the countries and nationalities.

Exercise 3

- Students find the information in the text and answer the questions.
- Check answers, eliciting the part of the text which confirms each answer.

ANSWERS

- Meghan Markle's childhood home is in Los Angeles.
- 2 Alicia Vikander's home is in Portugal.
- 3 No. His father is part Portuguese and part Afro-Caribbean, and his mother is part British, part Chinese, and part Jamaican.
- 4 Chinese art is important to him.

Exercise 4 Presentation

• Students could work individually to prepare a presentation about their own family. Alternatively, they could work individually or in pairs to do research and prepare a presentation about the family of a celebrity. Point out that they can use the questions in the box to



help them decide what to include in their presentation.

- You could brainstorm some celebrities first, to give students ideas, e.g., Rihanna, Lionel Messi, Leonardo DiCaprio.
- Ask individuals or pairs to give their presentations to the class, answering the questions in the box. Other students listen, noting down how many countries and nationalities they hear.
- When everyone has given their presentations, ask students who has an interesting family and why.

Consolidation

Suggest to students that they look at the article again and make a note of any useful vocabulary for countries or nationalities. Suggest they add it to the other countries and nationalities they have learned in Unit 1.

A CLIL Social science

To read about a care home in the U.K. and learn how older people and children can help each other

To prepare and give a presentation about an older person

Warm-up

- Focus on the pictures and ask: Who is in the pictures? Elicit that there are some old people and some children.
- Read out the title of the text. Teach the meaning of care home. Ask: Who is in a care home? Elicit that it is old people.

Exercise 1 Read and listen 115

- Read out the question, then play the audio for students to read and listen.
- Focus on the Check it out! box. Ask students to find the words and check the meanings. Students then answer the question.
- Check the answer with the class, eliciting the part of the text which confirms the answer.

Audioscript Student Book page 114

Exercise 2

- Students read the text again and complete the sentences with the correct words.
- Check answers with the class, eliciting the part of the text which confirms each answer.

Exercise 3

- Read through the guestions with the class and check that students understand them.
- Students find the information in the text and answer the questions.
- Encourage them to write full sentences for their answers.
- Check answers with the class, eliciting the part of the text which confirms each answer.

- They are about 90 years old.
- 2 They do painting, drawing, cooking, music, and other activities. They eat together and listen to stories together.
- Positive things for the older people: it makes them happier, helps them forget their problems, they eat more food, and their health improves.

A very special care home

CLIL Social science

In London, there's a care home called Nightingale House. It is a home to very old men and women-a lot of them are about 90 years old, or maybe older!

But there's something very special about this care home. It is the first care home in the U.K. to have a nursery for young children. Here, everybody-young and older people-comes together for different activities.

Every day, the children arrive at 7:30 a.m. and do painting, drawing, cooking, music, and other activities with the residents. They all eat together and listen to stories together. Finally, at 6:30 p.m., the children go home.

But why does this care home have a nursery? The answer is that spending time with young children helps older people, and it is a very positive experience for them. Some residents don't have grandchildren, so they love the visits from the small children. Old age is often difficult, but time with young children makes older people happier-they forget their problems, they eat more food, and their health improves! It is also a great experience for the children. Some children don't have grandparents, so at Nightingale House, they can spend time with older people and learn from them, too.

The idea isn't new. There are care homes like Nightingale House in Japan, Australia, the U.S., and across Europe. Now it is a very popular idea in the U.K., and more care homes with nurseries are opening. It helps many people, and everybody is happy!

Check it out! Find these words and check

their meaning.

care home old nursery young

resident health improves

1 115 Read and listen What is different about this care home?

It has a nursery for young children in it.

2 Complete the sentences with the words in the box.

idea residents children nursery lunch good

The residents are very old.

- 1 The nursery opens at 7:30 a.m.
- 2 There are activities for the residents and children
- 3 The children have lunch with the residents
- 4 The idea for the care home isn't new.
- 5 The children help the old residents to feel good

3 Answer the questions.

Where is Nightingale House? It's in London.

- 1 How old are most of the residents?
- 2 What activities do the residents do with the children?
- 3 What is one positive thing for the older people at Nightingale House?
- What is one positive thing for the children at Nightingale House?
- What other countries have homes like Nightingale House?
- ntation Prepare a short presentation about an older family member or friend. Use the questions to help you. Give your presentation to the class.
 - How old is he / she?

 - Where does he / she live?What does he / she like doing?
 - What activities do you do together?
 - Is he / she happy?

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- 4 Positive things for the children: some children don't have grandparents, so they can spend time with older people, and learn from them, too.
- 5 Japan, Australia, the U.S., and other countries across Europe have homes like Nightingale House.

Exercise 4 Presentation

- Read out the task and check that students understand what they have to do.
- Ask the questions to a confident student and elicit information about an older person they know.
- Students then work individually to prepare a presentation about an older person that they know.
- Ask students in turn to tell the class about the person.

Consolidation

- Ask: What do you know about care homes now? Why is it good to have young children in care homes? How is it good for older people? How is it good for children? Discuss the questions as
- Suggest to students that they could find out about a care home in their area and find out what activities there are for the residents.