Get started

1 Read the texts below about sport. Complete the texts with the names of the sports in the box.

swimming ballet soccer biking street dance tennis baseball

MON SOOF IL

My brother is good at this sport. **This sport** is good for you because you play for 90 minutes. It's a long time!

2

Jess is fantastic at this sport. The **muscles** in her toes, feet, and legs are very **flexible!**

James and his friends are crazy about this sport. It's a good form of exercise. And the music is good, too!

This sport is my passion. It isn't a team sport, but it's a **fast** sport. It's good for coordination.

Sam is into this sport. She can **KELAX** with her friends, or by herself. She always wears a helmet!

6

Helen is crazy about this sport. She does 5 km every day. It's good for your **heart**.

7

My sister is into this sport. It's fast and fun! Look at her new bat and ball. It's good for coordination, too!

This sport is our passion. It's good for relaxation, and it's good for the heart and muscles in the arms and legs.

We will ...

- work with others
- present what sport we like and why sport is good for us
- remember to practice our presentation with a friend

Get thinking

- 2 In a group of three, discuss the sports you know. Put all your ideas in a mind map.
 - Sport?
 - How good are you at it?
 - Who do you do it with? (By yourself? With friends? In a team?)
 - Why is it good for you?

Get involved

- 3 You are going to present three sports and why they are good for us. Use the chart below and include the following things:
 - Decide on three sports.
 - Make notes for each section.
 - Say what your favorite sport is.

Introduction	
Sport	•
How good we are at it	•
Who we do it with	•
Why it is good for us	•
Conclusion – our favorite sport	

Get presenting

4 Read the Real English and the Presentation strategy. Divide the presentation between your partner / group. Then present your three sports to your class.



Practice your presentation with a friend.

Real English

Our first sport is ..., our second sport is ..., and our third sport is ...

... is good for you because ...

It's good for (relaxation / coordination / your heart) ...

How did you do?

Write the statements into your notebook and score yourself from 1 to 5.

I can ... talk easily about the topic.

I can ... work well with others.

I can ... practice my presentation with a friend.

not very well

very well 😀

not very well

very well 😀

not very well

very well 😀



Subject pronouns

1 Choose the correct subject pronouns from the words in the box.

he they she you it we

_		
	Tom	he
1	the pencil	
2	Sarah and Ben	
3	Lisa	
4	Josh and I	
5	you and Jess	

2 Match the sentence pairs. Use a different color for each match.

1	Haru is from Kyoto.	(A)	They're students.
2	Amy and Ellie are friends.	(B)	We're from Sydney.
3	I'm from Natal.	(C)	He's Japanese.
4	Diego Luna is famous.	(D)	She's a fantastic singer.
5	Liam and I are Australian.	(E)	It's a city in Brazil.
6	Ellie Goulding is British.	(F)	He's a great actor.

Possessive adjectives

3 Choose the correct alternatives.

She's in my class. (Her)/ Your name's Martha.

- **1** We're students at Wood Green High School. **Our / Their** school is in Canberra.
- 2 I'm Chinese. Your / My name's Jin.
- 3 They're Joe and Helen. **Our / Their** mom is my History teacher.
- **4** "Hi, I'm Maddie." "Wow, **your** / **my** name's cool!"
- 5 Larissa is Brazilian, but **her / his** mom is American.

4 Choose the correct answers.

I'm Spanish. A name's Daniel.

- **A** My
- **B** Your
- 1 He's my friend. name's Peter.
 - **A** His
- **B** Its
- **2** You're very good students. grades are excellent.
 - **A** Your
- **B** Our
- **3** Hi, I'm Jason. What's name?
 - A his
- **B** your
- 4 The dance school is in Chicago. name is The Dance Academy.
 - A Her
- **B** Its
- 5 Max and Julietta are in 11th grade. Mrs. Hall is Art teacher.
 - **A** their
- **B** your

be: Simple present

Affirmative

5 Choose the correct alternatives.

Iam/ is Chilean.

- 1 You am / are a good dancer.
- 2 It is / are my birthday today.
- 3 We is / are in 6^{th} grade.
- 4 They am / are nice.
- 5 She is / am Brazilian.

Vocabulary: Essential

Countries and nationalities

1 Match the countries on the map (1–6) with the words in the box. Write the words.

Mexico Brazil the U.S. Chile Japan Spain



1	the	U.S.	
_	U110	\cup . \cup .	

4

2

5

3

6

2 Match the sentence halves. Use a different color for each match.

1	I'm from Australia. I'm	(A)	Chinese.
2	Sara is from Portugal. She's	(B)	Turkish.
3	Chiara and Luca are from Turkey. They're	(C)	Canadian.
4	Noah is from Canada. He's	(D)	British.
5	We're from China. We're	(E)	Portuguese.
6	Tom is from the U.K. He's	(F)	Australian.

